



FOREWORD

The Beaumont Organic AW20 collection is photographed in the Portuguese countryside of Alentejo at the beautiful Sao Lourenco do Barrocal. Portugal is a place very dear in my heart; we have holidayed there as a family for over 20 years, it was there I met my now-husband, got married and, perhaps most pertinently, established my business in 2008, with one little family-run factory in Braga. The country is without doubt my second home and it was the perfect location to shoot our AW20 campaign.

The collection is a harmonious edit of natural hues and soft fabrics, which lend themselves perfectly to the rugged nature of the Alentejo landscape. As a team we have consciously chosen not to introduce any new fabric categories this season, and instead focus our energies on our core fabrics, ensuring they are meeting our 2020 Vision for transparency.

Over the last 12 months I am delighted to say I have begun to see the start of a new era of change, in the more mindful way that we are shopping and the lives we want to live. Our message is being heard and our community of followers is growing by the day. I am truly grateful

for where we are today and thank you all for believing, trusting and joining us on this journey.

 $Together\ we\ can\ make\ a\ difference.$ $Together\ we\ can\ pave\ the\ way\ for\ fashion\ to\ have\ a\ sustainable\ future.$

HANNAH BEAUMONT-LAURENCIA | DIRECTOR

COVER: ULA ORGANIC COTTON SWEATER IN BROWN MARL
Also available in Black, Plum and Nude
WINONA ORGANIC COTTON TROUSER IN BROWN MARL
Also available in Black, Plum and Nude



BRIDGET ORGANIC COTTON DRESS IN BROWN MARL

Also available in Black and Pistachio



ABIGAIL ORGANIC COTTON DRESS IN MOCHA
Also available in Dark Grey Marl and Rust



DIANA ORGANIC COTTON AND TENCEL JUMPSUIT IN TAUPE Also available in Black







MARGE ORGANIC COTTON DRESS IN OUVE Also available in Black
PREVIOUS: MIRABELLE ORGANIC COTTON DRESS IN NAVY Also available in Camel and Army





DAVINA LAMBSWOOL JUMPER IN NAVY Also available in Cream and Oat SHELBY ORGANIC COTTON DENIM SKIRT IN ARMY Also available in Black and Indigo



MARGE-CAY ORGANIC COTTON DRESS IN NAVY & BEIGE CHECK



MADE IN PORTUGAL

For over 10 years the quality of Beaumont Organic collections has been one of our proudest achievements, with the longevity of our materials meaning our pieces stand the test of time in your wardrobe for many years.

This high quality is something we could only achieve by partnering with the best suppliers and producers. Finding and working with the perfect production team is based on three things: craftsmanship, quality and trust. Our long-standing relationships with our factories in Portugal have made them the perfect partner for this, and we feel like they are part of the Beaumont Organic family.

It is Beaumont Organio's responsibility, in line with our ethos, to support small factories. The mills, dye-houses, pattern-cutters and sewing rooms we work with sit within a stone's throw of each other on the outskirts of Porto, with family-run teams selected for their secure and safe environments, fair wages and good working conditions. They take their craft seriously, and that's why we trust them to understand and deliver on our mission of Contemporary Conscious Clothing.

We have built a strong level of trust with our suppliers over the years, which in turn is passed to our customers who trust that the finished Beaumont Organic product matches the ethos on which we pride ourselves.

MAFALDA-SUE ORGANIC COTTON TOP IN ARMY & TAN Also available in Navy & Chocolate SHELBY ORGANIC COTTON DENIM SKIRT IN INDIGO Also available in Black and Army



ALESSANDRA-ROSE VIRGIN WOOL JUMPER IN TAN Also available in Dark Grey Marl and Beige ADRIENNE-JANE ORGANIC COTTON & TENCEL TROUSER IN TAUPE Also available in Black and Camel



ALEXIS ORGANIC COTTON DRESS IN TAN Also available in Navy and Plum & Navy GISELLE VIRGIN WOOL HAT IN BROWN Also available in Dark Grey Marl, Tan and Beige



BARROCAL

São Lourenço do Barrocal is a recently restored 19th century farmhouse hotel, winery and spa located on an historic family estate in a wild corner of Portugal's unspoilt Alentejo region. The 780-hectare estate and Monte Alentejano has remained within my family for over 200 years, previously being a working farm estate that supported up to 50 families.

Sadly, it fell into ruin following Portugal's political turmoil in the 1970s and the forced collectivisation of farms in the region, but was rescued by José António Uva - the eighth-generation owner. Having spent much of his childhood at Barrocal, José was determined to bring the community of the estate back to life in a manner that respected its unique ecology and ancient history.

Working with carefully selected architects, designers, archaeologists and a passionate local team, he spent fourteen years painstakingly restoring the estate and transforming it into a unique hotel concept that boasts an understated yet unmistakably luxurious design, set amidst ancient holm oaks, olive groves and vineyards.

What made you want to turn the family estate into a hotel?

I was born and raised in Portugal, growing up listening to the tales of the thriving estate, where a budding community worked in balance with its natural environment. I wanted to create and restore a harmonious evolution for the farm that blended in all the comforts of a contemporary lifestyle, cultivated in such a way that guests can have the ultimate experience while staying on a working farm, in communion with nature, heritage and people of all ages.

Was sustainability important before you started the project?

Absolutely. My starting point for Barrocal's development was the rejuvenation of the entire estate as a farm retreat, so naturally continuing to regulate the agricultural activity of the estate to create sustainable produce was always a factor, as well as respecting and cultivating our natural surroundings, and keeping embedded in the community's actions a sense of self-sustainability. During construction stage, the whole project was designed with due regard for the region's materials and architecture, sourcing locally and sustainably wherever possible.

Sustainability is part of our underlying strategy: the commitment towards the local landscape, flora and fauna, the local community, its history and connection to the land and the local economy and small businesses, all fostering a type of tourism that respects the authenticity the area has to offer.

PREVIOUS: MEILANI-MEL ORGANIC COTTON DRESS IN NAVY & TAN CHECK



How is sustainability part of the future of Barrocal?

We apply a whole host of practices in our day-to-day work that leverage self-sustainability and are always looking for new ways to improve.

Our restaurants are now supplied by our own organic vegetable garden and orchard and we are blessed with sunny days so that all domestic hot water can be provided by 24 solar panels. We are planing towards a solar power plant to make the estate completely self-sustainable in electricity consumption.

But sustainability in this land is so much more than this: it's about creating a longterm plan for the next generations, in every aspect of our daily lives. In Alentejo, I always heard people say: "We've planted the vineyards, ours parents planted the olive groves, and our grandparents planted the cork oaks, over the past 8 generations", and this truly summarises the way people live here.

What challenges did you face when wanting to make the project a sustainable one?

Our main goal is to implement in the next 15 years a self-sustainability approach that will endure for the future community. It's an ambitious one and it represented a challenge right from the inception of the project's development.

Agriculture, tourism and the preservation of the ecological value of the estate work in symbiosis, conceiving a long-term view that starts with the ancestral perspective of the occupation of the estate 7000 years ago with the Barrocal menhir, and that guides us from year to year in the sharing of knowledge, be it between archaeology and architecture, geology and wine, biology and ecosystems.

Read the full interview at beaumontorganic.com





ABOVE:
AGGIE LAMBSWOOL JUMPER IN MOSS
Also available in Chalk and Brown Sugar

OPPOSITE:
BELLAMY ORGANIC COTTON DRESS IN ARMY
Also available in Charcoal and Rust



PUMPKIN, GINGER AND FENNEL SOUP
For 4 people | 40 minutes

Ingredients

1 kg of winter squash
2 onions
2 fennel bulbs with fronds
To taste: Ginger, Olive oil, Ground pepper, Salt

Preparation

 $\label{perpendicular} \textit{Peel the pumpkin and the onions, cutting them into quarters.}$

Cut the fennel into pieces and peel some ginger.

Lay all the ingredients on a tray.

Place the tray in the oven for 20 minutes at 180° C.

Remove from the oven.

Place all the ingredients in a pan.

With the help of a hand blender, grind everything until it becomes a velvety cream.

When plating, garnish with 2 drops of olive oil on top of the cream. $Serve \ to \ the \ table.$

OPPOSITE:
AUSTYN-MARIE ORGANIC COTTON & ALPACA MIX JUMPER IN BROWN
ADRIENNE-MEL ORGANIC COTTON TROUSERS IN NAVY & TAN CHECK







ABOVE:
RAINA ORGANIC COTTON DRESS IN RUST
Also available in Navy and Olive

OPPOSITE:
XENA ORGANIC COTTON DRESS IN RUST
Also available in Black and Mocha





OPPOSITE:
RUTH ORGANIC COTTON DRESS IN RUST Also available in Navy and Teal





RAQUEL ORGANIC COTTON & TENCEL TOP IN WHITE Also available in Black and Taupe



MEILANI ORGANIC COTTON DRESS IN CHOCOLATE Also available in Navy and Olive





ARLEY ORGANIC COTTON TOP IN WHITE Also available in Black and Chocolate SHELBY ORGANIC COTTON DENIM SKIRT IN INDIGO Also available in Black and Army



BLANCHE LAMBSWOOL JUMPER IN CHALK Also available in Brown Sugar and Moss ENDIJA ORGANIC COTTON HIGH WAISTED BREIFS IN CHOCOLATE Also available in Black, Navy, Tan and Nude



IIZE ORGANIC COTTON BRA IN CHOCOLATE Also available in Black, Navy, Tan and Nude EVORA ORGANIC COTTON TROUSERS IN BONE Also available in Chocolate, Tan, Plum, Navy and White



THE BODY SCAN

Sometimes you can be so caught up in your stress, that you don't realize that the physical discomfort you're experiencing is connected to your emotional state.

Body scan meditation is a good way to release tension you might not even realize you're experiencing. In this way, this body scanning works to break the cycle of physical and psychological tension that can feed on itself. As a result, the body scan is a very useful and effective meditation that can help you to maintain a relaxed state when you become too tense.

 $Preform\ in\ a\ comfortable\ safe\ place.$

Sit in a comfortable place and fully relax your body.
 You don't need to be lying down, but it helps, particularly if you're doing a body scan meditation before you fall asleep.

 Slowly breathe normally emptying the lungs.
 Continue to breathe out fully until you feel a swelling of the belly.
 If this makes you feel anxious just breathe normally and be aware of your breath.

3. Now slowly bring your attention down to your feet.
Begin observing sensations in your feet. If you notice pain,
acknowledge it and gently breathe through it.

4. If you notice any uncomfortable sensations, focus your attention on them.

Breathe into them, and see what happens. It might take a couple of moments

more but stay with it. Move on when you feel ready and comfortable.

6. Scan your entire body. Continue this practice with each area of your body, gradually moving up through your feet until you reach the top of your head. Notice how you feel and where you're holding your stress. If there's any tightness, discomfort, or sensations, continue to breathe into any tightness, or pressure you're feeling.

WORDS BY JAINA @YOGAWITHJAI

OPPOSITE: NATURAL INCENSE IN LAVENDER Also available in Sandalwood



CARLOTTE ORGANIC COTTON TOP IN OFF WHITE Also available in Bone, Plum, Chocolate, Tan and Navy
EVORA ORGANIC COTTON TROUSERS IN OFF WHITE Also available in Bone, Plum, Chocolate, Tan and Navy
BAHRYA STRAW BASKET | RUBY SHEEPSKIN SLIPPERS



30CL CANDLE IN WILD FIG & GRAPE Also available in Limeleaf & Ginger, Rhubarb & Ginger, Sandalwood, Black Pomegranate, and Aloe, Straw & Cucumber





PREVIOUS:
ABAM MOSES BASKET
BENTO QUILTED BLANKET IN OFF WHITE Also available in Navy, Chocolate, Tun, Plum and Bone
OPPOSITE AND ABOVE:
GWEN ORGANIC COTTON & TENCEL DRESS IN CAMEL Also available in Black and Taupe



ONLINE
For information on all our products, as well as details of how to order and return,
please visit our website: beaumontorganic.com

STOCKISTS
To find a store near you or for information on stocking Beaumont Organic, please email: hannah@beaumontorganic.com

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MODEL Joana Graça

PAPER Munken by G.F. Smith
Milled in Munkedal, Sweden. The natural qualities of the paper
are drown from a desire to put the environment and the mill's
impact on it's natural surroundings as a first priority.

ABOVE: BAHRYA STRAW BASKET